

**Ohio Society of Addiction Medicine  
2019 Annual Meeting  
Columbus, Ohio**

**October 11, 2019  
AGENDA**

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7:30 am **Breakfast/Registration/Visit Exhibits**

8:30 am **Welcome**

*Gregory X. Boehm, MD, DFASAM, President, Ohio Society of Addiction Medicine*

8:45 am **Lost in the Weeds: Making Sense of Medical Marijuana**

*James H. Berry, DO, Associate Professor, Director of Addictions, and Interim Chair, Department of Behavioral Medicine and Psychiatry, West Virginia University*

Medical marijuana is a new clinical phenomenon in Ohio. Whether you are approved to recommend or only curious about the therapeutic utility, you have a responsibility to have a basic understanding of the nature of cannabis and be able to provide your patients with evidence for therapeutic purposes and the potential harms. During this session we will discuss the impact of cannabis on health with patients, answer the question, "Is marijuana medicine?" and review current evidence regarding cannabinoids.

9:35 am **Medical Marijuana: Perspective from a Proponent**

*Douglas A. Woo, MD, Neurologist, OhioHealth*

The current negative perception of medical marijuana is driven largely by its status as a Schedule I illegal substance, so it is helpful for providers to know there is a considerable scientific basis for its benefits in treating pain and understand why patients believe in its use. During this session we will review the role of the endocannabinoid system in treating chronic pain, discuss the "Entourage Effect" and the biphasic dose response curve of marijuana.

10:00 am **Medical Marijuana Discussion**

*Moderated by Gregory X. Boehm, MD, DFASAM*

Learn through discovery and discussion as we share pro's, con's, experiences and more in regards to medical marijuana.

10:15 am **Break/Visit Exhibits**

10:45 am **The Role of Hands-on Treatments for Chronic Pain**

*Robert Truax, DO, University Hospitals & Ohio University Heritage College of Osteopathic Medicine*

There are many non-opioid treatments available for pain. During this session we will discuss "hands-ons" treatments, explain the proper definition of "manipulation" and review the role of hands-on treatment for overall chronic pain management.

11:35 am **Bath Salts & Beyond: Stimulants and Designer Drugs 2019**

*Michael Weaver, MD, DFASAM, Professor, Department of Psychiatry and Behavioral Sciences; Medical Director, Center for Neurobehavioral Research on Addiction, The University of Texas Health Science Center at Houston*

Designer drugs are continuing to grow in popularity, along with other stimulants like methamphetamines. They have significant medical and psychiatric consequences of use, but can be difficult to detect or control. During this session we will identify stimulants and designer drugs, discuss ways to recognize clinical clues to use of stimulants and designer drugs and explain treatment of complications resulting from use of stimulants and designer drugs.

12:20 pm

**Lunch and Visit Exhibits**

1:30 pm

**Business meeting**

1:50 pm

**Substance Use and Addiction in Children and Adolescents**

*Andrea E. Bonny, MD, Associate Professor of Pediatrics, The Ohio State University*

Ninety percent of those addicted to alcohol, tobacco or drugs started use prior to the age of 18. Twenty-five percent of those who begin substance use prior to age 18 will go on to develop an addiction. Prevention, identification, and treatment of substance use disorders in children and adolescents are critical to reducing addiction among adults. During this session we will discuss the scope and epidemiology of substance use and addiction among U.S. children and adolescents, identify appropriate screening and diagnostic approaches for substance use and addiction in children and adolescents, and share strategies for treatment options.

2:40 pm

**Co-occurring ADHD and Substance Abuse Disorder: How to diagnose and how to treat**

*Gregory X. Boehm, MD, DFASAM, Medical Director, Y-Haven Treatment Center for Homeless Addicted Men; Assistant Professor, Psychiatry, Case Western Reserve University Medical School; President, Ohio Society of Addiction Medicine*

Untreated ADHD is twice the risk for addiction. Treated ADHD has the same risk as the general population but symptoms overlap, making it difficult to identify and challenging to treat. During this session we will discuss the neurobiology of ADHD and addiction and overlapping symptoms, consider reliable tests to diagnose ADHD, and evaluate medication and non-medication approaches to treat ADHD.

3:30 pm

**Policy Update**

*Reggie Fields, Senior Director, External & Professional Relations, Ohio State Medical Association*

4:00 pm

**Closing Comments / Evaluation / Adjourn**